

NOLS WILDERNESS MEDICINE

Wilderness First Aid Course Schedule

January 2020

DAY 1

Morning

Patient Assessment System

Afternoon

Emergency and Evacuation Plans

Spine Injury

Head Injury

Shock

Wilderness Wound Management

DAY 2

Morning

Wilderness Wound Management

Musculoskeletal Injury

Heat Illness

Afternoon

Cold Injury

Lightning

Altitude Illness

Chest Pain, Abdominal Pain

Shortness of Breath, Altered Mental Status

Anaphylaxis