

Landmark Learning Expanded Practices for COVID-19

Student Agreement

The emergence of the COVID-19 pandemic raises questions about health and risk management while attending classroom-based training courses. Landmark Learning (LL) has always had curriculum and practices in place to educate students and to reduce the risk of disease transmission. Close physical contact is an inherent part of our courses. We interact with and touch each other when we practice the skills of wilderness medicine (e.g. - splinting, patient movement, bleeding control, basic life support), swift water rescue, and lifeguarding, and when we practice scenario-based learning. We will implement strategies to further mitigate the risk of disease transmission associated with physical proximity, but we cannot eliminate it.

Below is a list of practices that will be implemented on our campuses. Students agree to follow these practices and expectations for the duration of their course:

Health Screenings

Staff will provide health screenings (including temperature checks) each morning prior to class at 7:45AM. Students and staff will be evaluated for the following signs and symptoms:

- Cough
- Shortness of breath or difficulty breathing
- Fever which meets or exceeds 100.4 F/38F
- Chills
- Sore Throat
- Muscle Pain
- New loss of taste or smell during the past 24 hours
- In the past 14 days, close contact with someone suspected of or confirmed as having COVID-19
- Confirmed or suspected as having COVID-19 and have had a fever in the past three days and symptoms in the last 14 days

Students or staff presenting any of these symptoms will be asked to leave the course immediately.

Students lodging or camping on campus may arrive the day prior to their course. They must arrive between 2PM-5PM for health screening and check-in.

Students who are dismissed due to failing the health screening may, upon recovery, transfer to a future course to complete their training. There will be no additional tuition fee, but the student may be responsible for additional travel, lodging, and meal expenses. Whenever possible, we will accommodate recovered students at courses hosted at LL campuses to mitigate these expenses. Students should contact the LL office to initiate this process.

Pre-Course

- All students are required to arrive wearing face masks (surgical or cloth) that cover the nose and mouth. Upon arrival students will be issued four (4) KN95 masks for courses 5 days or longer, and two (2) KN95 masks for courses 2-3 days in length. The masks are meant to be rotated, wearing a different one each day.
- All students are required to arrive with safety glasses or goggles. If these cannot be obtained prior to the course, goggles and improvised masks will be provided during the course. Prescription glasses are reasonable if they cover the orbital area, sunglasses may be worn during daylight hours if they cover the orbital area
- We highly recommend students bring personal hand sanitizer.

- Students are asked to monitor their health for two weeks prior to the course and then not attend if they have signs of sickness. If you are ill before your course, contact the LL office for refunds or to transfer to a future course without penalty.
- Students are asked to follow best safety practices while traveling to the course, in order to limit the possibility of exposure to disease.

During the Course

- KN-95 face masks must be worn whenever class in session and whenever persons are within 6 ft/2 m/113 sqft of another person, whether indoors or outdoors.
- Masks, gloves, and corrective glasses or safety glasses/goggles must be worn during any physical contact.
- Masks must be rotated daily. Isolate a worn mask for 3 days before wearing them again.
- Frequently touched objects and surfaces will be cleaned at least twice daily - before lunch and at the end of the day, and also at the end of an evening session. This includes classroom and bathroom areas.
- Students that access the classroom after class hours must clean and disinfect any objects/surfaces touched.
- The kitchen and dining areas must be cleaned and disinfected after each use.
- Students are asked to bring lunch or easy to prepare meals each day, in order to limit off-campus travel during class.
- Students are asked to limit travel from the course site to only essential travel, such as grocery stores, gas stations, laundromats, off-campus lodging (houses or hotels), medical care facilities, or uncrowded outdoor recreational spaces. Travel logs will be provided and students should record off-campus trips, to be used in the event contact tracing becomes necessary.

Post-Course Health Check

- Students will receive a post-course health screen Google Form in their email, 2 weeks after their course is completed.
- Students must complete this evaluation in order to receive their course certifications.

This is the baseline for Landmark's policies regarding COVID during our courses; it is possible that local restrictions or requirements may make modifications to these practices necessary and those will be considered and implemented on a course by course basis.

Statement of Agreement:

I have read and understood this entire document and agree to abide by these requirements for the duration of my course. By signing below I freely agree to follow all instructions given by LL administration or faculty and understand that failure to comply will result in dismissal from the course without a refund.

Signature _____ Date _____

Print Name _____

Updated 01/14/2021; msp