



PEAK
A HEATHWOOD PROGRAM

REGISTRATION

Wilderness First Aid (WFA) Class

*Saturday-Sunday, January 27-28, 2024
Heathwood Hall, Columbia, SC*

Name _____ **Cell Phone** _____

Email Address *(please print clearly)* _____

Cost

- Cost for the course is \$255.
- A deposit of \$100 must accompany your registration, or you may pay the full course amount.
- The deposit/course fee is nonrefundable unless the course is cancelled by Heathwood or Landmark Learning.

Payment Methods

#1 Check

- A check (\$100 deposit or entire \$245 fee) may be mailed, with the registration paperwork, to:
 - Heathwood Hall (c/o PEAK Program)
 - 3000 South Beltline Blvd.
 - Columbia, SC. 29201

You are considered registered for the course once we've received the check for your deposit or full course fee.

#2 Credit Card

- **To pay online with a credit card, you must create an account with CampBrain. Please follow these instructions:**
 1. Access the following link: <https://hhafterschoolenrichment.campbrainregistration.com/>
 2. This will take you to a login screen where you will need to create a CampBrain account.
 3. After creating the account, you'll be prompted to "Continue Registration." Look for **PEAK Community Programs** and click "*continue application.*"
 4. This will take you to the WFA page. Click on **Wilderness First Aid** and complete the registration process.
 5. Once registered and payment is received, you will receive a confirmation email with the paperwork required for the course attached. Print this paperwork, complete it, and bring it to the class with you on January 27.
 6. Please feel free to contact us if you have any questions or if you have any issues registering for this WFA course through CampBrain.

You are considered registered for the course once online payment has been made through CampBrain.

PARTICIPANT AGREEMENT, RELEASE, AND ASSUMPTION OF RISK

In consideration of the services of Landmark Learning, Inc. their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "LL"), I hereby agree to release, indemnify, and discharge LL, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that my participation in hiking, camping, backpacking, canoeing, swimming in lakes and/or rivers, and/or individual and group skills workshops, problem solving exercises and personal or professional growth and development training, including clinical and field experiences for EMT students, entails known and unanticipated risks that could result in physical or emotional injury or death. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks may include, among other things: Strenuous physical activity; slips and falls; sprains, strains, broken bones; inclement weather; other participants' and/or my own negligence; emotional stress; drowning; or death. Furthermore, LL facilitators have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They may give inadequate warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless LL from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of LL's equipment or facilities.

4. Should LL or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I understand that LL does not provide health insurance for students of their courses. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

6. In the event that I file a lawsuit against LL, I agree to do so solely in the state of North Carolina, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I further agree that the place of this release, its situs and forum, will be Jackson County, North Carolina, and it is said county and state for all matters whether sounding contract or tort relating to the validity, construction interpretation, and enforcement of this release be determined. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against LL on the basis of any claim from which I have released them herein. I also acknowledge that I have fully satisfied myself as to the nature of the activity or activities in which I will be participating, the risks associated with each such activity, and my responsibility to know my own limits. In the event of illness or injury, consent is hereby given to provide emergency medical care, hospitalization, or other treatment that may become necessary.

I have had sufficient opportunity to read this entire document. I understand it, and I agree to be bound by its terms.

Signature of
Participant: _____ Print Name: _____ Date: _____

PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name) ("Minor") being permitted by LL to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless LL from any and all Claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Signature of
Parent or Guardian: _____ Print Name: _____ Date: _____

PHOTO/MEDIA RELEASE

I grant Landmark Learning, Inc., the right to use, reproduce, assign and/or distribute photographs, films, electronic files, and sound recordings of me for use in materials they may create.

Signature: _____ Print Name: _____ Date: _____

HEALTH INFORMATION

Disclosure: The information requested is intended to help alert staff to pre-existing medical conditions in the event you have a medical emergency while on course, and will be held in confidence. Circle "yes" or "no" for each item below.

Do you have any limiting physical or health concerns - temporary or permanent - that you or your doctor feel would limit your participation in a LL course? **Yes / No**

Do you have any chronic or recurring injuries? **Yes / No**

Are you currently taking any medication? **Yes / No**

Do you have allergies or reactions to any foods, medications, plants, or insects? **Yes / No**

Do you have asthma? **Yes / No**

Do you have diabetes? **Yes / No**

Do you have a history of seizures? **Yes / No**

Do you have a history of cardiac events? **Yes / No**

Are you pregnant? **Yes / No**

If you answered "yes" to any of the above, please explain/describe:

Please list any other concerns or conditions that may affect your participation:

We strongly recommend that you consult your physician or midwife if you are pregnant or have checked off any of the conditions above before participation in your LL course.

EMERGENCY CONTACT INFORMATION

Person: _____ Relationship to You: _____

Phone Numbers: _____ Email: _____

STUDENT AGREEMENT

(INCLUDING ACKNOWLEDGEMENT & ASSUMPTION OF RISKS & AGREEMENTS OF RELEASE AND INDEMNITY) WILDERNESS MEDICINE



Please read this document carefully. It must be signed by all students and a parent or guardian if the student is a minor. “Student” includes adult and minor students. In consideration of the services provided by the National Outdoor Leadership School, hereafter referred to as NOLS, I agree, for myself (and for the minor student if I am signing as a parent or guardian), to the following:

ACTIVITIES AND RISKS

I understand that NOLS Wilderness Medicine courses are taught in classroom and outdoor settings and acknowledge that the activities of the course have risks, including certain risks, which are inherent. Inherent risks are those which cannot be eliminated without destroying the unique character of the activities. These elements can cause loss or damage to equipment, accidental injury, illness, or in extreme cases, permanent trauma, disability, or death. I understand that NOLS considers it important for me to know in advance what to expect and to be informed of the activities’ inherent risks. The following describes some, but not all, of those risks.

- NOLS activities may be strenuous, physically and emotionally.
- NOLS Wilderness Medicine courses may occur in remote places. They may occur on lands open to the public, and exposed to the acts of persons not associated with NOLS. Communication and transportation may be difficult and evacuations and medical care may be significantly delayed.
- Physical activities include, but are not limited to, walking, running, hiking, repetitive lifting, and carrying. At times students will be in close physical proximity to one another or instructors. Certain activities will require travel by foot and other means, over unimproved roads, hiking trails and rugged off-trail terrain including downed timber, river crossings, snow, ice, steep slopes, slippery rocks, and other features. The risk of these activities includes falling, drowning, becoming lost, and others usually associated with such activities, including environmental risks.
- Environmental risks and hazards include, but are not limited to, flowing, deep and cold water; harmful insects, snakes, animals; falling and rolling rock; lightning, falling timber, and unpredictable forces of nature, including all types of weather which may change to extreme conditions without notice. Possible injuries and illnesses include wounds, bruises or infections; sunburn, bites or stings and insect or animal-borne diseases or infections; hypothermia, frostbite, heatstroke, flu-like or respiratory illness, and other debilitating or life-threatening conditions including COVID-19 and other diseases caused by coronaviruses.
- Equipment may fail or malfunction.
- Students will participate in realistic simulated injury and illness scenarios and will at times act the role of patient, being handled, carried, and otherwise treated as patients of a simulated medical emergency. Students will also use and practice with various medical equipment. Training, under close staff supervision, may include the option of injecting, and being injected, by fellow students. Risks associated with this training include being inadvertently stuck by a needle, being dropped or otherwise mishandled while being carried; being touched while acting the role of patient in a scenario; and emotional distress in response to training scenarios. Emergency Medical Technician (EMT) course students will spend time at regional hospitals. Risks include those associated with contact with sick or injured patients.
- NOLS may require students to arrange their own transportation to locations away from the primary classroom from which further activities will be conducted. This travel is not supervised by NOLS and includes the use or sharing of personal vehicles that are not owned or controlled in any way by NOLS.
- Decisions made by the instructors, other staff (including volunteers), contractors, and students will be based on a variety of perceptions and evaluations, which by their nature are imprecise and subject to errors in judgment. Misjudgments may pertain to, among other things, a student’s capabilities, environment, terrain, water and weather conditions, natural hazards, travel routes, and medical conditions.
- NOLS is not responsible for students, including minors, before the start and after end dates of their course or if they depart early. Between the start and end date of the course students are not supervised before or after the established class time. Students may have homework assigned for after class, but this is not supervised by NOLS. NOLS has no responsibility for students and students accept the risks that arise from this unsupervised free time. NOLS staff may from time to time provide assistance or even accompany students during free time, but in doing so, they are acting as private individuals, and NOLS is not responsible for their conduct.
- NOLS Wilderness Medicine courses are instructional in nature. Students accept the risks of instructional activities, which are intended to challenge students to expand their skills and judgment.
- During the established class time students are considered to be “participating” in their course. Participation includes, but is not limited to, involvement with activities, time spent studying or practicing techniques, and formal classes.
- NOLS Wilderness Medicine courses in foreign countries may be exposed to laws, legal systems, customs and behaviors, animals, diseases and infections not common to the United States; in addition, these courses may be subject to dangerous road travel, political unrest, riots, demonstrations, banditry, terrorism, and other criminal conduct, including drug related activities.

I have read and understand the general information about NOLS and its courses including NOLS Wilderness Medicine’s Admission Policies made available to me through the NOLS website. I acknowledge that the staff of NOLS has been available to more fully explain to me the nature, physical demands, and the inherent risks, hazards, and dangers associated with this course.

ACKNOWLEDGEMENT AND ASSUMPTION OF INHERENT AND OTHER RISKS

I understand and acknowledge that the description above (“Activities and Risks”) of the inherent risks of NOLS courses is not complete and that other, including unknown or unanticipated, risks, inherent or otherwise, may result in injury, illness, death or property loss. I acknowledge that my (or the minor student’s) participation in this NOLS course is purely voluntary, and I wish to (or have the minor student) participate in spite of and with knowledge of the inherent and other risks involved. **I acknowledge and assume the inherent risks described above and all other inherent risks of my (or the minor student’s) NOLS course as well as any other risks of enrolling, participating in, or being present on a NOLS course or during free time. For activities that occur on National Park Service and U.S. Forest Service Region Four lands and to the extent required by law, the above acknowledgement and assumption of risks is limited to assuming only the inherent risks.**

AGREEMENTS OF RELEASE AND INDEMNITY

I hereby forever release, hold harmless and agree not to sue NOLS, its officers, trustees, agents, and staff including employees, volunteers, and interns (“Released Parties”), with respect to any and all claims of loss or damage to person or property by reason of injury, disability, death, or otherwise, suffered by me (or by a minor student for whom I sign), arising in whole or part from my (or the minor student’s) enrollment, participation, or presence on a NOLS course. **I agree further to indemnify (“indemnify” meaning to defend, and to pay or reimburse including costs and attorney’s fees) Released Parties** against any claim by a member of my (or the minor student’s) family, a rescuer, another student, or any other person, arising in whole or part from an injury or other loss suffered by or caused by me (or by the minor student) in connection with my (or the minor student’s) enrollment, participation in, or presence on a NOLS course. **These agreements of Release and Indemnity are intended to be enforced to the fullest extent permitted by law and include claims of negligence, but not claims of gross negligence or intentionally wrongful conduct. Nothing in this Acknowledgment and Assumption of Risks & Release and Indemnity Agreement shall be interpreted as me (or the minor student) releasing NOLS from liability for injuries, damage, death, or other loss to me (or the minor student) or others that may occur within the jurisdiction of the National Park Service and US Forest Service Region Four and is caused by NOLS’ negligence, gross negligence, recklessness, or intentional conduct, including but not limited to any negligence with respect to NOLS’ judgments and decisions, or NOLS’ failure to take reasonable precautions to ensure it provides me (or the minor student) with safe and defect-free equipment.**

OTHER PROVISIONS

I understand that it is my responsibility to decide if the course is appropriate and that I (or the minor student) can participate fully.

NOLS is authorized to obtain or provide emergency evacuation, hospitalization, surgical or other medical care for me or for the minor student. I understand that situations may arise in which third party medical care is not available and which require NOLS staff to provide first aid and possibly more advanced procedures, employing wilderness first responder training. Such care will be provided under the guidance of the NOLS medical advisor by way of NOLS written medical protocols. Any such third-party medical care provider is authorized to exchange pertinent medical information with NOLS. Costs associated with medical services, including evacuation shall be borne by me.

NOLS may from time to time use the services of private contractors for certain tasks, including, for example, transportation and food service. NOLS is not responsible for the acts or omissions of such contractors.

NOLS uses students’ names, photos, and other images, in promotional material, videos, and press releases.

I agree to be responsible for any damage I (or the minor student) may cause to the property of NOLS or others. NOLS is not responsible for loss, theft, or damage to a student’s personal belongings at any time during the course, including storage by NOLS or others.

Any dispute between me (or the minor student) and NOLS will be governed by the substantive laws (not including the laws which might apply the laws of another jurisdiction) of the State of Wyoming and I consent to jurisdiction in Wyoming. Any mediation or suit shall occur or be filed only in the State of Wyoming.

If any part of this agreement is found by a court or other appropriate authority to be invalid, the remainder of the agreement nevertheless will be in full force and effect.

The student and the parent(s) or guardian of a minor student have read this page and the previous page and understand and voluntarily agree to its terms, which shall be binding upon them, their heirs, estate, executors, and administrators. Any modifications of this agreement must be approved by NOLS in writing. I intend an electronic signature or an electronic copy of my signature to be as valid as an original handwritten signature.

_____	_____	____/____/____	_____
Student Signature	Age	Date Signed	Printed Name

If the student is under 18 years of age (or if the student is a resident of Alabama and is under 19 years of age) (or if the student is a resident of Mississippi and is under 21 years of age), at least one parent or guardian must also sign. I agree for myself, and on behalf of the minor student, to all of the terms in this agreement. I have legal authority to act on behalf of the minor student.

_____	____/____/____	_____
Parent/Guardian Signature	Date Signed	Printed Name

WFA/WMPP RESCUE GEAR LIST

If you have them, bring the following items with you to your course - don't go out and purchase items you don't already have. A daypack with some layers, snacks, and water are sufficient. We try to be outside as much as possible regardless of the weather. Please come prepared so that you are comfortable.

- *Positive attitude ready to share and take in information
- *A Watch with seconds or a seconds hand, pen and small notepad
- *One set of clothes (shirt and pants/shorts) to completely destroy with moulage and shears
- *Rain gear tops and bottoms
- *Layers of clothing (so you can take a layer off if you are hot/put one on if you are cold, + extra items for your "patient")
- *Hat - one warm (not made of cotton) and one for the sun
- *Mittens or gloves if it will be cold out
- *Footwear for the environment (close-toed shoes for being out doors/inside sandals are o.k.)
- *Light (flash light or headlamp)
- *Ground cloth or small tarp (6X4 sheet of plastic is fine)
- *Sleeping pad (ensolite, ridgerest, thermarest, Crazy Creek Chair)
- *Bandanas or cordage of any kind
- *You are welcome to bring your toys to improvise with (pfd's, skis/poles, paddles, harnesses, climb rope)
- *Water bottles (1qt or 1 liter) for drinking water
- *Food to snack on to keep your energy up (we'll have big days)
- *Backpack or knapsack to put all this stuff in

***A WFA course can be used to recertify a NOLS WFR cert that is in date or in its grace year.

***If you are a WFR planning to recertify with this course, you MUST bring copies of your current WFR and CPR certifications to the course for instructor review.