

WFA Packing List:

Please bring the following items for your course. The course will frequently be outside, regardless of the weather.

- Notebook and pen or pencil
- Watch with second hand (or digital seconds)
- Water bottle
- Small daypack
- Sunglasses
- Headlamp
- Proper footwear (close toed shoes for outside, other comfortable shoes for inside)
- Rain gear– top and bottom
- Clothing layers that allow you to be comfortable in a variety of weather conditions, including a hat
- Optional: Equipment you might have when recreating outside that you could use to improvise with (ex: using a hiking pole or kayak paddle as part of a splint)
- Snacks/lunch

If Lodging on Campus:

- Food (no food is provided, but students may use refrigerators/freezers and dry food storage space on campus)
- Camping equipment or bedding for bunk
- Personal hygiene items (including soap/shampoo, towel, etc)